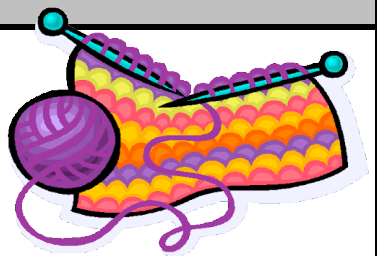
Weekly Activities Programme

July

Week Beginning 06/07/2020

Monday 6th	Tuesday 7th
9.45 Walking Group 10.00 Exercises 10.30 Musical Bingo 1.30 Lutheran Church Services	9.45 Walking Group 10.00 Exercises 10.30 Sing along (Diva Room) 1.30 Lamingtons
Wednesday 8th	**Thursday 9th**
9.45 Walking Group 10.00 Exercises 10.00 Knitting (Coffee shop)  1.30 Market shop In the coffee shop **(Bric &Brac, Clothes, Craft)**	9.45 Walking Group 10.00 Exercises 10.30 Newspaper reading 1.30 Bingo (Diva Room)
Friday 10th	**Saturday 11th**
9.45 Walking Group 10.00 Exercises 10.30 Quizz with Rick 1.30 Photos/Music on the big screen (Diva Room)	Fremantle vs melbourne West Coast vs Adelaide Hawthorn vs Gold Coast Essendon vs Bulldogs
Sunday 12th	
Port vs GWS Giants Carlton vs Sydney North Melbourne vs Richmond 1.30 Daniel O'Donnell Rock and Roll Show (Diva Room)	

Alternated Daily Activities with Ibis & Wren