




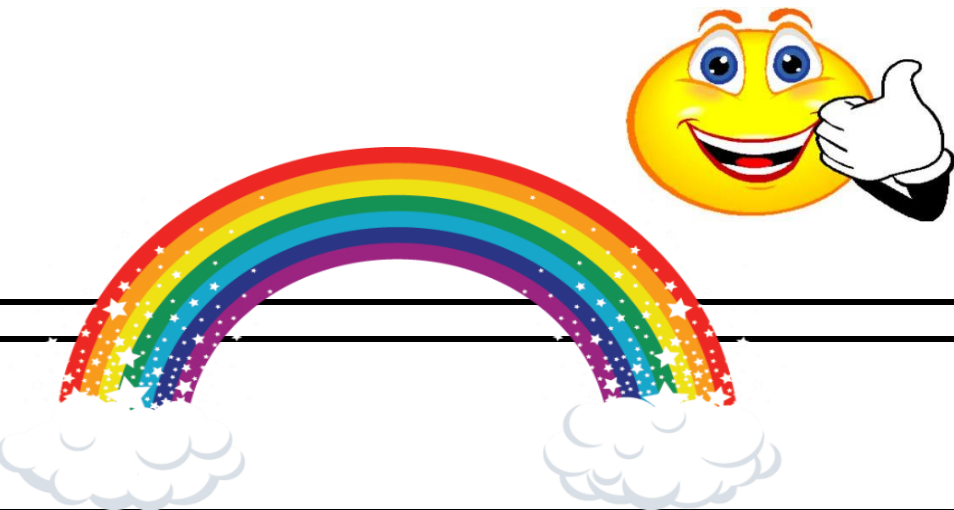


# Weekly Activities Programme

**January**

Week Beginning 11/01/2021

Monday 11th	Tuesday 12th
<p>9.00 Walking Group 10.00 Exercises 10.00 Wren Bus Trip 10.30 Luthern Church Services on big screen  1.30 Musical Bingo</p> 	<p>9.00 Walking Group 10.00 Exercises 10.30 Golden Memories sing along  1.30 Bus Trip</p> 
Wednesday 13th	Thursday 14th
<p>9.00 Walking Group 10.00 Exercises 10.00 Knitting (Coffee Shop) 1.30 Quizz Wirh Rick</p> 	<p>9.00 Walking Group 10.00 Exercises 10.00 Bus Trip  1.30 Bingo (Diva Room)</p> 
Friday 15th	Saturday 16th
<p>9.00 Walking Group 10.00 Exercises 10.30 Newspaper reading  1.30 Kevin Sporer</p> 	
Sunday 17th	
<p>1.30 Doc Martin on the Edge (Diva Room)</p>	

**Alternated Daily Activities with Ibis & Wren**