

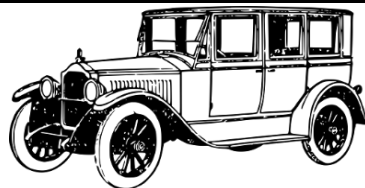
Weekly Activities Programme

Sept

Week Beginning 06/09/2021

Monday 6th

9.45 Walking Group
10.00 Exercises
10.00 Wren Bus trip



1.30 Fathers day Histoy talk with Deb
Bring something old (Diva Room)

Tuesday 7th

9.45 Walking Group
10.00 Exercises
10.30 Cooking



1.00 Bus Trip

Wednesday 8th

9.45 Walking Group
10.00 Exercises
10.00 Knitting



1.30 Opan Webinar (Stay connected in your Community)

Thursday 9th

9.45 Walking Group
10.00 Exercises
10.00 Bus Trip



1.30 Bingo (Diva Room)

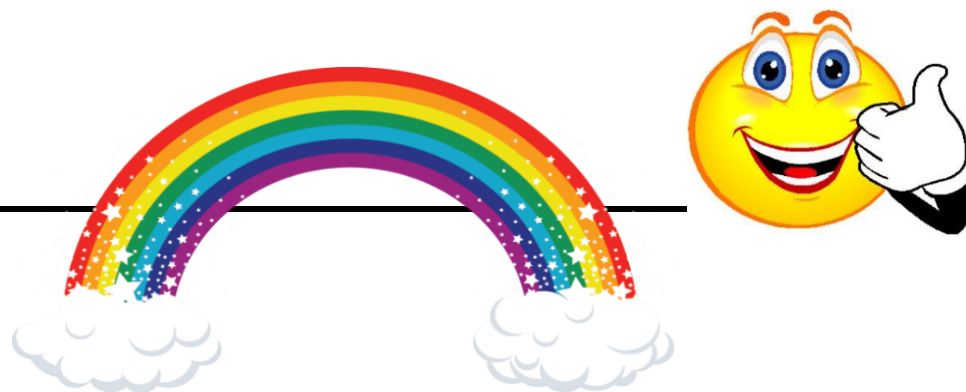
Friday 10th

9.45 Walking Group
10.00 Exercises
10.30 Ricks Newspaper reading



1.30 Ricks Quizz

Saturday 11th



Sunday 12th

1.30 Netflix Movie Main Lounge

Alternated Daily Activities with Ibis & Wren