

Weekly Activities Programme

August

Week Beginning 01/08/2022

Monday 1st

9.45 Walking Group
10.00 Exercises
10.30 Musical Bingo



1.30 Lamingtons

Tuesday 2nd

9.45 Walking Group
10.00 Exercises
10.30 Musical Dvd



1.00 Bus trip

Wednesday 3rd

9.45 Walking Group
10.00 Exercises
10.00 Knitting (Coffee Shop)
10.30 Mens Chat



1.30 Magic Memories (Diva room)

Thursday 4th

9.45 Walking Group
10.00 Exercises



10.40 Resident Meeting

1.30 Bingo (Diva Room)

Friday 5th

9.45 Walking Group
10.30 Deb Newspaper reading



1.30 Quizz with Rick

Saturday 6th



Hawthorn vs Gold Coast
GWS Giants vs Essendon
Western Bulldogs vs Fremantle

Geelong vs St Kilda
Port Adelaide vs Richmond

Sunday 7th

Nth Melbourne vs Sydney
Brisbane vs Carlton

1.30 Movie Your choice from Netflix
(Main Lounge)



Alternated Daily Activities with Ibis & Wren