

Weekly Activities Programme

May

Week Beginning 22/5/2023

Monday 22nd

9.30 Wren Exercises
10.00 Exercises
10.00 Wren Bus Trip



1.30 Cooking

Tuesday 23rd

9.30 Wren Exercises
10.00 Exercises Activity Area)
10.30 Sing A long (Main Lounge)

1.00 Bus Trip



Wednesday 24th

9.30 Wren Exercises
9.45 Exercises
10.00 Knitting (Coffee shop)
10.30 Mens Chat (Coffee Shop)



1.30 Magic Memories (Activity Area)

Thursday 25th

9.30 Wren Exercises
10.00 Exercises
10.00 Bus Outing

1.30 Bingo



Friday 26th

10.00 Walking Group
10.30 Ricks Newspaper Reading



1.30 Phillip Wilson Panio Accordion
(Diva Room)

2.30 Happy Hour

Saturday 27th

St Kilda vs Hawthorn
Melbourne vs Fremantle
Geelong vs GWS Giants
Gold Coast vs Western Bulldogs
West Coast vs Essendon



Sunday 28th

Richmond vs Port Adelaide
Collingwood vs Nth Melbourne
Adelaide vs Brisbane Lions



1.30 Movie your choice Netflix



Alternated Daily Activities with Ibis & Wren