

# Weekly Activities Programme

**May/June**

**Week Beginning 29/05/2023**

**Monday 29th**

9.30 Wren Exercise  
9.45 Exercises  
10.00 Wren Bus Outing



1.30 Musical Bingo

**Tuesday 30th**

9.30 Wren Exercise 10.00 Walking Group  
10.00 Exercises  
10.30 Sing along



1.00 Bus outing

**Wednesday 31st**

9.30 Wren Exercise 10.00 Walking Group  
9.45 Exercises  
10.00 Knitting (coffee shop)  
10.30 Mens Chat



1.30 Movie with Meredith (Diva Room)

**Thursday 1st**

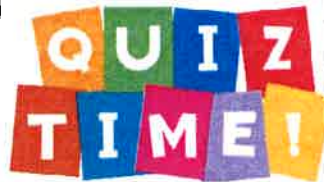
9.30 Wren Exercise  
10.00 Exercises 10.00 Walking Group  
10.00 Bus Outing  
10.40 Residents Meeting



1.30 Bingo (Diva Room)

**Friday 2nd**

10.00 Walking Group  
10.30 Debs Ricks Newspaper reading  
1.30 Quizz with Rick



**Saturday 3rd**

10.30 Bingo (Diva room)  
  
Port Adelaide vs Hawthorn  
West Coast vs Collingwood  
Western Bulldogs vs Geelong  
Gold Coast vs Adelaide Crows

**Sunday 4th**

GWS vs Richmond  
Essendon vs Nth Melbourne

1.30 Movie Your choice from Netflix  
(Main Lounge)



**Alternated Daily Activities with Ibis & Wren**