Weekly Activities Programme



November **Week Beginning 09/11/2026**

Monday 9th	Tuesday 10th Odd Sock Day
9.45 Exercises (Plover) 10.00 Wren Bus 1.30 Craft 	9.30 Walking Group 9.45 Exercises (Plover) 10.30 Traffic school with Kindy 1.00 Bus Outing Shopping 2.15 Afternoon tea/Judging best odd socks 
Wednesday 11th	**Thursday 12th**
9.45 Balance Exercises (Plover) 9.30 Walking Group 10.30 Remembrance Day service 1.30 Balance Exercises 1.30 Mens Chat (Bus Outing) 	9.30 Walking Group 9.45 Exercises (Plover) 10.00 Bus Outing 1.30 Bingo 
Friday 13th	**Saturday 14th**
9.30 Walking Group 9.45/10.30 Balance Exercises 10.30 Cards 1.30 Quizz with Rick 	9.30 Walking Group 10.30 Bingo 1.30 Wren Activities 
Sunday 15th	
9.30 Walking Group 10.30 Seven day Adventist 1.30 Movie Your choice from Netflix 1.30 Ibis Activities 	

Alternated Daily Activities with Ibis & Wren