








# Weekly Activities Programme

**Jan/Feb**

**Week Beginning 27/01/2025**

Monday 27th Australia day Public Holiday	Tuesday 28th
<p>10.00 Wren Bus Trip</p> <p>1.30 Indoor bowls</p> 	<p>9.30 Wren Exercises    9.30 Walking Group</p> <p>9.45 Exercises</p> <p>10.30 Sing along</p> <p>1.00 Bus outing</p> 
Wednesday 29th	Thursday 30th
<p>9.30 Wren Exercises    9.30 Walking Group</p> <p>10.00 Knitting</p> <p>10.30 Mens Chat (Coffee shop)</p> <p>1.30 Movie with Meredith</p> 	<p>9.30 Walking Group</p> <p>10.00 Card games</p> <p>1.30 Bingo</p> 
Friday 31st	Saturday 1st
<p>9.30 Walking Group</p> <p>10.30 Newspaper reading</p> <p>1.30 Quizz with Rick</p> <p>2.30 Happy Hour</p> 	<p>9.30 Walking Group</p> <p>10.30 Bingo with Sam</p> <p>1.30 Wren Activities</p> 
Sunday 2nd	

**Alternated Daily Activities with Ibis & Wren**