

Weekly Activities Programme

April

Week Beginning 20/04/2026



Monday 20th

- 9.45 Exercises
- 10.00 Wren Bus Trip
- 1.30 The Piano Man



Tuesday 21st

- 9.30 Walking Group
- 9.45 Exercises
- 10.30 Sing along
- 1.30 Bus Trip



Wednesday 22nd

- 9.30 Walking Group
- 9.45 Balance Exercises (Ibis Lounge)
- 10.00 Knit and Chat (coffee shop)
- 10.30 Mens Chat
- 1.30 Kevin Sporer



Thursday 23rd

- 9.30 Walking Group
- 9.45 Exercises
- 10.30 Beachport Ukulele Club
- 1.30 Bingo



Friday 24th

- 9.30 Walking Group
- 9.45/10.30 Balance Exercises
- 10.30 Debs Newspaper
- 1.30 Quizz with Sheoak Lodge
- 2.30 Happy Hour



Saturday 25th

- 9.30 Walking Group
- 10.30 Anzac Day Service
- 1.30 Ibis Activities



March Sunday 1st

- 9.30 Walking Group
- 10.30 Church Service on Line (Diva Room)
- 1.30 Movie your choice
- 1.30 Wren Activities



Alternated Daily Activities with Ibis & Wren