

Weekly Activities Programme

Oct/Nov

Week Beginning 26/10/2026



Monday 26th	Tuesday 27th
9.45 Exercises 10.00 Wren Bus Outing 1.30 Halloween craft 6.30 Choral society (Diva room)	9.30 Walking Group 9.45 Exercises 10.30 Karaoke 1.00 Bus Outing
Wednesday 28th	Thursday 29th
9.30 Walking Group 9.45 Balance Exercises (Ibis) 10.00 Knit and Chat (coffee shop) 10.30 Mens Chat 1.30 Gift Shop 6.30 Mark & Wendy Moffet	9.30 Walking Group 9.45 Exercises 10.00 Bus Outing 10.30 Wren Kindy children 1.30 Bingo
Friday 30th	Saturday 31st
9.30 Walking Group 9.45/10.30 Balance Exercises 10.30 Newspaper Reading 1.30 Quizz with Rick 2.30 Happy Hour	9.30 Walking Group 10.30 Teamific 1.30 Wren Activities 3.30-5.00 Halloween Children trick or Treating
Sunday 1st November	
9.30 Walking Group 10.30 Church Service on Line (Diva Room) 1.30 Movie your choice 1.30 Ibis Activities	HAPPY HALLOWEEN

Alternated Daily Activities with Ibis & Wren