









Weekly Activities Programme

February

Week Beginning 19/02/2024

Monday 19th	Tuesday 20th
<p>9.30 Wren Exercises</p> <p>10.00 Wren Bus Outing</p> <p>1.30 Magic Memories</p> 	<p>9.30 Wren Exercises</p> <p>10.00 Walking Group</p> <p>10.00 Exercises (Activity room)</p> <p>10.30 Singalong</p> <p>1.00 Bus Outing</p> 
Wednesday 21st	Thursday 22nd
<p>9.30 Wren Exercises</p> <p>10.00 Walking Group</p> <p>10.00 Exercises</p> <p>10.00 Knitting</p> <p>10.30 Mens Chat (Coffee shop)</p> <p>1.30 Catholic Church</p> 	<p>9.30 Wren Exercises</p> <p>10.00 Walking Group</p> <p>10.00 Exercises</p> <p>10.00 Bus Outing</p> <p>10.15 Cards with Sue</p> <p>1.30 Bingo</p> 
Friday 23rd	Saturday 24th
<p>10.00 Walking Group</p> <p>10.30 Newspaper Reading with Rick</p> <p>1.30 Quizz with Rick</p> <p>2.30 Happy Hour</p> 	<p>9.30 Walking Group</p> <p>10.30 Wren Activities</p> <p>1.30 Quizz with Lyn (Diva Room)</p> <p>1.30 Ibis Activities</p> 
Sunday 25th	
<p>9.30 Walking Group</p> <p>10.30 Church Service on line (Diva Room)</p> <p>1.30 Movie Your choice from Netflix</p> <p>1.30 Ibis Activities</p> 	
<p>Alternated Daily Activities with Ibis & W...</p>	