

# Weekly Activities Programme

**March**

Week Beginning 18/03/2024

**Monday 18th**

9.30 Wren Exercises  
10.00 Exercises  
10.00 Wren Bus Outing



1.30 Musical Bingo

**Tuesday 19th**

9.30 Wren Exercises 10.00 Walking Group  
10.00 Exercises (Activity room)  
10.30 Singalong



1.00 Bus Outing

**Wednesday 20th**

9.30 Wren Exercises 10.00 Walking Group  
10.00 Exercises  
10.00 Knitting  
10.30 Mens Chat (Coffee shop)  
1.30 Catholic Church



**Thursday 21st**

9.30 Wren Exercises 10.00 Walking Group  
10.00 Exercises  
10.00 Bus Outing  
10.15 Cards with Sue  
1.30 Bingo



**Friday 22nd**

10.00 Walking Group  
10.00 Exercises  
10.30 Newspaper Reading with Deb



1.30 Whiteboard with Meredith

**Saturday 23rd**

9.30 Walking Group  
10.30 Wren Activities



1.30 Quizz with Lyn  
1.30 Ibis Activities

**Sunday 24th**

9.30 Walking Group  
10.30 Church Service on line (Diva Room)

1.30 Movie Your choice from Netflix  
1.30 Ibis Activities



**Alternated Daily Activities with Ibis & Wren**